

Our estimates of your other costs for teacher training courses

In addition to our invoice for teacher training courses, your costs such as flights, trains, airport transfers, train/bus tickets, taxis, food, restaurants, etc can be covered by your Erasmus+ grant by agreement with your school/sending organisation: please, keep the receipts and claim the money from your school/sending organisation. Please, find below our estimates of your other costs for the services you will book or buy on your own to attend our teacher training courses:

	Travel by train	Travel by plane	Meals	Local transport
Padova	One-way from Padua Railway	One way from Venice Marco Polo VCE	Budget for meals: €25 35/day	Weekly bus pass: €13,20
	Station to the city centre	airport to the city centre	Examples:	
	by taxi: €15	by taxi: €110-150	Breakfast in a bar (cappuccino	
	by bus : €1,70	by GoOpti shuttle: private €80 in total	and croissant): around €3	
	Please, calculate also your	for max 8 people (Check prices on	Lunch at a bar (sandwich and	
	return journey back to the	Goopti website)	drink): €5-10	
	station	by bus: €13	Pizzeria: €15	
		by train+bus: €6-15	Restaurants: €12-40	
		Please, calculate also your return		
		journey back to the airport		
Amsterdam	One-way from Amsterdam	One way from the airport to the city	Budget for meals: €25-40/day	Seven day ticket: € 41
	Centraal Railway Station to the	centre	Examples:	
	city centre	by taxi: from €35	Breakfast: €5	
	by taxi: €10-40	by train: €3-5	Lunch in a bar: €10–20	
	by bus/metro: from €3,40	Please, calculate also your return	Restaurants: €25-40	
	Please, calculate also your	journey back to the airport		
	return journey back to the			
	station			
Barcelona	One-way from Barcelona Sants	One way from Barcelona El Prat	Budget for meals: €25-40/day	T-casual card (allowing 10
	Railway Station to the city	airport to the city centre	Examples:	journeys): from €12,15
	centre	by taxi: €35-45	Breakfast: €3-5	Hola Barcelona Travel Card:
	by taxi: €10-20	by train: €5,15	Lunch: €5-15	from €17,50
	by bus/metro: €2,55	by aerobus: €8,90	Restaurants: €12-40	
	Please, calculate also your	Please, calculate also your return		
	return journey back to the	journey back to the airport		
	station			

Berlin	One-way from Berlin	One way from the airport to the city	Budget for meals: €25-40/day	24-Hour Group Ticket (5
	Hauptbahnhof Railway Station	centre	Examples:	people)
	to the city centre	by taxi: from €49	Breakfast: €5	Zone AB: € 31
	by taxi: €10-40	by train (S-Bahn line S9 or S45): €4.40	Lunch in a bar: €8-15	Zone ABC: € 33
	by bus/metro: from €2.40	(Zone ABC)	Restaurant: €15-40	Seven-Day Ticket
	Please, calculate also your	Please, calculate also your return		Zone AB: € 41.5
	return journey back to the	journey back to the airport		Zone ABC: € 49
	station			
Bilbao	One-way from Abando	One way from the airport to the city	Budget for meals: €25-40/day	Bilbao Bizkaia Card
	Indalecio Prieto Railway	centre	Examples:	24 hours – 10€
	Station to the city centre	by taxi: from €24	Breakfast: €5	48 hours – 15€
	by taxi: from €6	by bus: €3	Lunch in a bar: €5–15	72 hours – 20€
	by bus: from €1.35	Please, calculate also your return	Restaurants: €15-40	
	Please, calculate also your	journey back to the airport		
	return journey back to the			
	station			
Brussels	One-way from Bruxelles	One way from the airport to the city	Budget for meals: €25-40/day	Daily (24 hour) tickets: from
	Central Railway Station to the	centre	Examples:	€7.50
	city centre	by taxi: from €50	Breakfast: €5	10 journeys pass: €18.20
	by taxi: from €10	by bus: from €7.5	Lunch in a bar: €8–20	
	by bus: € 2.10	by train: from €10.80	Restaurants: €20-40	
	Please, calculate also your	Please, calculate also your return		
	return journey back to the	journey back to the airport		
	station			
Cork	-	One way from the airport to the city	Budget for meals: €25-40/day	Daily (24 hour) tickets: €4.50
		centre	Examples:	Weekly (168 hour) city-service
		by taxi: from €20	Breakfast: €5	tickets: €18.60
		by bus: from €1.35	Lunch in a bar: €10-20	
		Please, calculate also your return	Restaurants: €20-40	
		journey back to the airport		
Dublin	-	One-way from Dublin airport to the	Budget for meals : €30-50/day	Leap Visitor Card – 7 days: €32,
		city centre	Examples:	including Airlink transfers
		by express bus (Dublin express): 8€	Breakfast: €3-10	from/to airport.
		by public bus (Dublin Bus): €3,30	Lunch: €7,50-15	

		by taxi: €30	Restaurants: €10-40	
		Please, calculate also your return		
		journey back to the airport		
Florence	One-way from Florence Santa	One way from Florence Amerigo	Budget for meals : €25-50/day	Carnet 10 journeys: €14,00
	Maria Novella Railway Station	Vespucci airport to the city centre	Examples:	
	to the city centre	by taxi: €22-35	Breakfast in a bar: around €3	
	by taxi: €5-8	by bus/tram: €1,20	Lunch: €7-15	
	by bus/tram: €1,20	Please, calculate also your return	Pizzeria: €15	
	Please, calculate also your	journey back to the airport	Restaurants: €12-50	
	return journey			
	back to the station			
Lyon	One-way from Part-Dieu	One way from Lyon Saint-Exupéry	Budget for meals: €25-50/day	Carnet 10 journeys: €17,60
•	Railway Station to the city	airport to the city centre	Examples:	Weekly pass: €22
	centre	by Rhônexpress: €15.20	Breakfast in a bar: €4/5	
	by taxi: from €10	by taxi: from €50	Lunch: €7-15	
	by bus/tram/metro: €2	by bus: €2	Restaurants: €15-40	
	Please, calculate also your	Please, calculate also your return		
	return journey	journey back to the airport		
	back to the station			
Madrid	One-way from Atocha Railway	One way from Madrid-Barajas airport	Budget for meals: €25-40/day	Carnet 10 journeys: €12,00
	Station to the city centre	to the city centre	Examples:	Daily passes: from €10
	by taxi: from €15	by taxi: €33	Breakfast: €5	
	by bus/metro: from €1.50	by bus: from €5	Lunch in a bar: €5–15	
	Please, calculate also your	by train: from €1.70	Restaurants: €15-30	
	return journey back to the	Please, calculate also your return		
	station	journey back to the airport		
Milan	One-way from Milano Centrale	Depending on the airport the prices	Budget for meals: €25-40/day	Milan City Pass Prices:
	Railway Station to the city	can be:	Examples:	1 Day: € 15.00
	centre	by taxi: from €30	Breakfast: €3-4	2 Days: € 22.50
	by taxi: €10-30	by bus: between €2,20 and €13	Lunch in a bar: €8-15	3 Days: € 24.00
	by bus/metro: €2,20	Please, calculate also your return	Restaurants: €15-40	4 Days: € 29,90
	Please, calculate also your	journey back to the airport		
	return journey back to the			
	station			

Nice	One-way from Nice-Ville	One way from the airport Nice-Côte	Budget for meals: €25-50/day	-
	Railway Station to the city	d'Azur to the city centre	Examples:	
	centre	by taxi: from €25	Breakfast: €4	
	by taxi: from €10	by bus: €2	Lunch: €7-20	
	by bus/tram: €2	by tram: €10	Dinner in a restaurant: €15-40	
	Please, calculate also your	Please, calculate also your return		
	return journey back to the	journey back to the airport Express		
	station			
Prague	One-way from Prague Central	One way from the airport to the city	Budget for meals: €24-30/day	Three day tickets: 14 € (330
	Railway Station to the city	centre	Examples:	CZK)
	centre	by taxi: from €25	Breakfast: €4	
	by taxi: €10-30	by bus: €2,5	Lunch in a restaurant: €9-15	
	by bus/metro: €1,19	by bus+metro: €2	Dinner in a restaurant: €10-30	
	Please, calculate also your	Please, calculate also your return		
	return journey back to the	journey back to the airport Express		
	station			
Puerto de la	-	Depending on the airport the prices	Budget for meals: €24-30/day	Weekly pass: from €15
Cruz		can be:	Examples:	
CIUZ		by taxi: from €100	Breakfast: €4	
		by bus: from €13	Lunch: €9-15	
		Please, calculate also your return	Dinner in a restaurant: €15-40	
		journey back to the airport		
Rome	One-way from Roma Termini	One way from Roma Fiumicino airport	Budget for meals: €25-40/day	Weekly pass: €24
	Railway Station to the city	to the city centre	Examples:	
	centre	by taxi : €50-73	Breakfast: €3-4	
	by taxi : €8-15	by train: €8-14	Lunch: €7-15	
	by bus/metro: €1,50	by bus: €5-8	Pizzeria: €15	
	Please, calculate also your	Please, calculate also your return	Restaurants: €12-40	
	return journey back to the	journey back to the airport		
	airport			
Saint Julian's	-	One way from Malta international	Budget for meals: €25-45/day	Weekly pass: €25
		airport to the city centre	Examples:	
		by taxi: €20/30	Breakfast: €4	
		by bus: from €2	Lunch: €5-15	

		Please, calculate also your return journey back to the airport	Restaurants: €15-30	
Seville	One-way from Estación de Sevilla-Santa Justa Railway Station to the city centre by taxi: €10-30 by bus: from €1.30 Please, calculate also your return journey back to the station	One way from the airport to the city centre by taxi: from €30 by bus: €4 Please, calculate also your return journey back to the airport	Budget for meals: €25-30/day Examples: Breakfast: €5 Lunch in a bar: €5-15 Restaurant: €15-30	Seville travel card: € 45

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